



## TANNING - SOLARIUMS

Choose your machine and, following our advises your session time (5mn per 5 mn)



### Armchair - Seated

**Perfect for winter ideal to look good immediately, just before evening party.** Face, chest, hands: 8 high pressure lamps / Back: 9 tubes low pressure

### Bed - Laying

**Tan while relaxing.** Face: 3 high pressure lamps / Body : 40 low pressure tubes.



### Bodywave - Standing

**Intense tan without marks, armpits included !** Body: 50 low pressure tubes.

### 5 columns - Standing

**Going and back to Maldives in 10 mn ! For an instant tan. Perfect just before a ceremony, a party ...** Standing, all over body: 30 high pressure lamps.

UVA Warning: the radiation of UV tanning equipment can affect the skin and eyes (glasses required - CE : 5 euros). These biological effects depend on the nature of the skin and the intensity of radiation, and the sensitivity of individuals. Banned indoor tanning for children under 18 years UVA.

## TEETH WHITENING

Cosmetic teeth whitening process efficient, painless and without Peroxide. The photochemical reaction is obtained with Light Emitting Diodes (LED), a session of 3 x 10 minutes and saves between 2 and 7 colors: 59 €.

Dear customer, in order to offer you the maximum comfort and relax, and faced with the increased of appointment not honored or canceled at the last minute, we regret to have to apply some precautionary measures:

- When making an appointment, we require a deposit of 50%. by Credit Card (by phone), or by Paypal directly to the Centre and deductible of the amount of the care.
  - In case of cancellation more than 48 hours before the appointment, the deposit will be refunded as a credit (valid for 3 months), or refunded upon request. It will however not be returned in case of absence or appointments canceled within 48 hours of the appointment.
  - In case of reserved care, canceled less than 48 hours, not canceled and not made, care will be fully due.
  - In case of reserved care with a gift card or voucher and not honored or canceled less than 48 hours before card, the value of care will be automatically deducted from the value of the card or voucher.
  - In case of delay, we will be forced to shorten the length of all care, so as not to penalize the following customers.
- Finally, remember to use your coupons and gift certificates before they expire so they would not be lost!  
These simple rules will allow us to ensure optimal performance and meet your scheduling constraints.  
Thank you for your understanding.

\* promotion not combinable with fidelity card. The benefits and prices of the cures are valid only in the case of a total payment in 1, 2, 3 or 4 times without charge via TOP3 and only at the beginning of priest.



Your wellbeing and relaxation center in Nice proposes you to relax for an « instant » in a quiet and nice space open to everybody. Enjoy a resting break and forget daily stress.

Our great experience allowed us to develop a perfect control. Whether you are a man or a woman, come to take advantage of our expert hands.

L'instant Spa proposes you relaxation and beauty cares thanks to innovative technologies and qualified professional teams. Our care are very affordable and cover everybody desires.



### OPENING HOURS

Monday: 12h - 19h

Tuesday to Saturday: 10h - 19h nonstop

23, RUE DU MARÉCHAL JOFFRE - 06000 NICE +33(0) 4 93 92 51 08

Nice, Sun & Spa s.a.s au capital de 45 000 € - Siret 532 850 682 00016

PRICE LIST  
June 2017



Well-being - Beauty - Tanning

www.instant-spa-nice.com

## WAXING

For men with very low hairiness we apply "for her" prices. Consult us.

### For her

Half legs.....	19 €
Full legs.....	30 €
Thighs.....	20 €
Under arms.....	11 €
Simple bikini.....	13 €
Bikini "échantonné".....	19 €
Hollywood: Semi-full (without I.G.C.)	26 €
Brazilian: full or small ticket (without I.G.C.)	31 €
Half arms.....	16 €
Full arms.....	21 €
Superior lip.....	9 €
Face (without lip).....	22 €
Eyebrow maintenance.....	11 €
Eyebrow line creation.....	16 €
Lower back.....	17 €
Center line.....	13 €
Chin.....	10 €
Buttocks (without IGC).....	21 €
Inter Gluteal Cleft (IGC).....	11 €

### Packages\*

½ legs + armpits + simple bikini.....	36 €
Full legs + under arms + simple bikini.....	44 €

(Sup : brezilian + 6 €, semi + 13 €, Full + 18 €)

### For him

Half arms.....	15 €
Arms.....	20 €
½ legs.....	23 €
Full legs.....	30 €
Under arms.....	12 €
Bikini.....	40 €
Buttocks (without IGC).....	19 €
Inter gluteal cleft (IGC).....	12 €
Back.....	26 €
Stomach.....	17 €
Chest.....	24 €
Shoulders.....	13 €
Nape of the neck.....	11 €
Ears (outside).....	17 €
Eyebrow maintenance.....	11 €
Eyebrow line creation.....	15 €

### Packages\*

Chest + stomach.....	38 €
Back + chest + shoulders.....	57 €
Back + shoulders.....	35 €
Bikini + buttocks + IGC.....	64 €
Back + chest + shoulders + stomach.....	74 €
Bikini + buttocks + IGC + legs.....	92 €

## HANDS & FEET CARE

	Hands	Feet
Full beauty (without polish).....	26 €	36 €
Full beauty + regular nail polish Color.....	31 €	41 €
Full beauty + regular nail polish French style.....	36 €	46 €
Full beauty + semi-permanent polish.....	47 €	57 €
Supplement Calluspeeling (anti horn and callus treatment)	-	+ 20 €
Scrub supplement.....	+ 11 €	+ 11 €
Supplement Paraffine.....	+ 16 €	+ 16 €

### Laying nail polish and others

Semi permanent package : Push cuticles + filing + laying (*).....	32 €
Laying regular color.....	11 €
Laying regular French.....	16 €
Remove semi permanent if lay down made by us.....	Free
Remove semi permanent Shellac.....	6 €
Remove strong semi permanent.....	16 €

## PACKAGES

**L'INSTANT "DETENTE"** (1h45) : Renovator Purity Facial, Karité butter wrapping, Eye Touch Body, Californian perfumed massage (45').....160 €

**L'INSTANT WELLNESS** (2h30) : Fundamental facial care to choose, I Beauty Module Renovator Purity, karite (shea) butter wrapping, Eye touch body, perfumed Swedish massage.....230 €

## FACIAL CARE THALGO

### Eyes care : Anti-puffiness - Anti-dark Circles - Anti-wrinkles

EYE Expert - 30'.....	40 €
EYE Touch' Face - during a facial care - 15'.....	18 €
EYE Touch' Body - during certain body care - 20'.....	26 €

### i BEAUTY : integral Solution

3 innovative technologies: Sono vibration, sequential ultrasound and radiofrequency for your beauty, youth and / or moisturization.

Renovator Purity - 30'.....	40 €
Moisturization Concealer - 45'.....	50 €
Youth Activator - 45'.....	60 €

### Fundamentals

Ocean ThalgoMen - specific for men - 60'.....	70 €
Marine Source Ritual - intense moisturizing (with or without vapozone) - 60'.....	70 €
Purity Freshness Ritual - greasy or mixed skin (with vapozone) - 60'.....	70 €

I Beauty Module Renovator Purity - 15'.....	18 €
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In addition to "Fundamentals Care". Ex : Marine Source Ritual (60'+15') : 69€ + 17 € = 82 €

### M CEUTIC: Cosmetic Peeling with Marine Mesolift

Cosmeceutical Facial "Radical Renovation" - 55'.....	110 €
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Improved skin quality, mitigation of brands, refined skin texture, complexion clear and bright, tightened pores, reduction of imperfections.

### Marine Anti-Aging for Her or Him

For even greater results inquire about our 4 treatment cures.

Smoothing-Collagen - 60'.....	75 €
Hyaluronic filler - 60'.....	80 €
Silicium Lift - 75'.....	90 €
Excellence Care "Ultimate Exception" - 90'.....	120 €

I Beauty Module Youth Activating - 15'.....	20 €
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In addition to "Anti-Aging Care". Ex : Smoothing Collagen (60'+15') : 74 € + 20 € = 94 €

### Prodige des Océans: Total Youthfulness

1<sup>st</sup> World, 5 years of research, exclusive patents, 63 active ingredients for this Supreme treatment dedicated to youth and letting go

Ritual Facial - 90'.....	150 €
Ritual Facial and body - 120'.....	210 €

### Make up

Day.....	39 €
Evening.....	49 €
Show.....	59 €
Wedding (test + D Day).....	85 €
Enhancement of eyelashes - 45'.....	55 €
Semi-permanent mascara - 35'.....	65 €
Enhancement + semi-permanent mascara - 80'.....	110 €

**L'INSTANT JOY** (3h15) : Hyaluronic (or Collagene) facial, I Beauty Module Youth Activating, Eye touch Face, Bodyscrub to choose, Candle massage and feet beauty.....285 €

For your wellbeing, we recommend you arrive 15' before the beginning of your package "L'Instant". Then we will have time to choose with you the facial care and your olfactory ambience.

## BODY CARE

### Body scrub 30' (including shower)

White Sand from Bora Bora, Sparkling Sugar Mandarine, Sugar Mango, Black Sand Vanilla, Sugar Nuggets, Sandalwood, Bark Green leaves.....49€

### Massages (for 1, 2 or 3 persons in the same cabin)

Our massages are made with neutral oil and without flavor (perfume). If you wish, you can ask to be massed with a perfumed oil (5€).

Discovery Californian - 30'.....	40 €
Discovery Swedish anti-stress - 30'.....	45 €
Discovery Deep tissue - 30'.....	50 €
Californian - Relaxing - 60' (15' sup = 18 €).....	70 €
Swedish - Antistress - 60' (15' sup = 20 €).....	75 €
Deep tissue - 60' (15' sup = 25 €).....	90 €
With perfumed Candle - 60'.....	85 €
Hot stones - 60'.....	85 €
Feet reflexology - 30'.....	45 €
Light legs care - 30'.....	55 €
Lymphatic drainage - 60'.....	85 €

Ritual of the Word - 90'.....120 €  
Polynesia, Latin America, Punta Cana, Reunion Island, Dubai, Scandinavia...  
Our Rituals are full body cares including : scrub, wrapping and massage.

## SLIMMING

### Cryo Slimming

NEW

Final elimination of localized fat. DEFINITIVE results from the first session. Decreasing price per hour of treatment:

1 <sup>st</sup> hour (1 hour may be enough).....	295 €
2 <sup>nd</sup> hour.....	280 €
3 <sup>rd</sup> hour.....	270 €

Conditions, contraindications, complementary prices... on demand

### i PULSE 5.1: ultrasounds and electrostimulation

Orange peel visibly smoothed, curls faded, greases destocked, anti water retention, more firm and toned silhouette "without making sport"

1 <sup>st</sup> test session / LOSS CM OR REFUNDED.....	79 €
Cure of 10 treatments to suit every need and morphology (*)	790 €
Per the session.....	79 €

### Cryo Slimming + i PULSE 5.1

1 hour Cryo + 4 drainage session.....	590 €*
2 hours Cryo + 4 drainage session.....	870 €*

### Integrative slimming: Hand rolling massage

Anti-cellulite care - 30'.....	45 €
High precision Sculpt care - 45'.....	59 €
Cellulite correction (*)	450 €
10 session of 30' during 5 weeks	395 €
Cellulite, curves and skin laxity correction (*)	520 €
10 alternate session: 5 of 30' and 5 of 45' during 5 weeks	465 €

## GIFT CARD : THE WELLNESS GIFT

Choose the amount you want, the beneficiary will have 1 year to use it in one or several times, on all our treatment menu.