



## TANNING - SOLARIUMS

Choose your machine and, following our advises your session time (minimum 10 mn and then 5mn per 5 mn).



### Bed - Laying

**Tan while relaxing.** Face: 3 high pressure lamps / Body : 40 low pressure tubes.

### 5 columns - Standing

**Going and back to Maldives in 10 mn ! For an instant tan. Perfect just before a ceremony, a party ...**  
Standing, all over body: 30 high pressure lamps.

UVA Warning : the radiation of UV tanning equipment can affect the skin and eyes (glasses required - CE : 5 euros). These biological effects depend on the nature of the skin and the intensity of radiation, and the sensitivity of individuals. Banned indoor tanning for children under 18 years UVA.

## TEETH WHITENING

Cosmetic teeth whitening process efficient, painless and without Peroxide. The photochemical reaction is obtained with Light Emitting Diodes (LED), a session of 3 x 10 minutes and saves between 2 and 7 colors: 65 €.

Dear customer, in order to offer you the maximum comfort and relax, and faced with the increased of appointment not honored or canceled at the last minute, we regret to have to apply some precautionary measures:

- When making an appointment, we require a deposit of 50%, by Credit Card (by phone), directly to the Centre or on ourwebsite and deductible of the amount of the care.
  - In case of cancellation more than 48 hours before the appointment, the deposit will be refunded as a credit (valid for 3 months), or refunded upon request. It will however not be returned in case of absence or appointments canceled within 48 hours of the appointment.
  - In case of reserved care, canceled less than 48 hours, not canceled and not made, care will be fully due.
  - In case of reserved care with a gift card or voucher and not honored or canceled less than 48 hours before card, the value of care will be automatically deducted from the value of the card or voucher.
  - In case of delay, we will be forced to shorten the length of all care, so as not to penalize the following customers.
- Finally, remember to use your coupons and gift certificates before they expire so they would not be lost!

These simple rules will allow us to ensure optimal performance and meet your scheduling constraints. Thank you for your understanding.

- The times indicated for each treatment include installation until leaving the cabin.
- Showers are excluded from our care except in case of scrub.



Your wellbeing and relaxation center in Nice proposes you to relax for an « instant » in a quiet and nice space open to everybody. Enjoy a resting break and forget daily stress.

Our great experience allowed us to develop a perfect control. Wether you are a man or a woman, come to take advantage of our expert hands.

L'instant Spa proposes you relaxation and beauty cares thanks to innovative technologies and qualified professional teams. Our care are very affordable and cover everybody desires.



### OPENING HOURS

**Spring / Summer**

Monday : **12h - 19h**

Tuesday to Saturday : **10h - 19h nonstop**

**Autumn / Winter**

Tuesday to Saturday : **10h - 19h nonstop**

23, RUE DU MARÉCHAL JOFFRE - 06000 NICE +33(0) 4 93 92 51 08

Nice, Sun & Spa s.a.s au capital de 45 000 € - Siret 532 850 682 00016

MEILLEUR SPA URBAIN  
TROPHÉE  
DU MEILLEUR  
SPA DE FRANCE  
RÉGION SUD - 2017



PRICE LIST  
From 1/10/2021



Well-being - Beauty - Tanning

[www.instant-spa-nice.com](http://www.instant-spa-nice.com)

## WAXING

### For her

Half legs.....	21 €
Full legs.....	32 €
Thighs.....	22 €
Under arms.....	13 €
Simple bikini.....	15 €
Bikini "échancré".....	21 €
Hollywood: Semi-full (without I.G.C.).....	28 €
Brazilian: full or small ticket (without I.G.C.).....	33 €
Half arms.....	18 €
Full arms.....	23 €
Superior lip.....	11 €
Eyebrow maintenance.....	13 €
Eyebrow line creation.....	18 €
Chin.....	11 €
Buttocks (without IGC).....	23 €
Inter Gluteal Cleft (IGC).....	6 €

### Packages\*

1/2 legs + armpits + simple bikini.....	43 €
Full legs + under arms + simple bikini.....	52 €
Sup for:	
- "Echancré".....	+ 8 €
- Hollywood.....	+ 15 €
- Brazilian.....	+ 20 €

### For him

Half arms.....	19 €
Arms.....	24 €
1/2 legs.....	25 €
Full legs.....	36 €
Under arms.....	14 €
Bikini.....	42 €
Buttocks (without IGC).....	26 €
Inter gluteal cleft (IGC).....	8 €
Back.....	28 €
Stomach.....	19 €
Chest.....	26 €
Shoulders.....	15 €
Nape of the neck.....	13 €
Ears (outside - inside).....	19 €
Eyebrow maintenance.....	13 €
Eyebrow line creation.....	18 €

### Packages\*

Chest + stomach.....	42 €
Back + chest + shoulders.....	63 €
Back + shoulders.....	40 €
Bikini + buttocks + IGC.....	69 €
Bikini + buttocks+IGC+legs.....	104 €

## HANDS & FEET CARE

	Hands	Feet
Full beauty (without polish).....	29 €	39 €
Full beauty + regular nail polish Color.....	36 €	46 €
Full beauty + regular nail polish French style.....	42 €	52 €
Full beauty + semi-permanent polish.....	50 €	60 €
Semi-permanent package : Push cuticules + filing + laying (*).....	35 €	35 €
Supplement Calluspeeling (anti horn and callus treatment).....	-	+ 20 €

### Others

Remove semi-permanent if lay down made by L'Instant Spa for a new beauty.....	Free
Remove semi-permanent "Shellac" or "Gelish"- 5' to 10'.....	7 €
Remove oder semi-permanent brand (O.P.I...) more then 10'.....	14 €
Scrub supplement (for hands or feet).....	12 €

## PACKAGES

<b>L'INSTANT RELAX</b> (1h45) : Radiance light treatment, Karité butter wrapping, Eye Touch Body, Californian perfumed massage (45').....	169 €
<b>L'INSTANT WELLNESS</b> (2h30) : Fundamental facial care to choose, karite (shea) butter wrapping, Eye touch body, perfumed 1h15 Swedish massage.....	239 €

\* promotion not combinable with fidelity card. The benefits and prices of the cures are valid only in the case of a total payment in 1, 2, 3 or 4 times without charge via TOP3 and only at the beginning of priest.

## EYELASH AND EYEBROW CARE

Dyeing eyelashes.....	25 €
Dyeing eyebrows.....	15 €
Dyeing eyelashes + eyebrows.....	35 €

## FACIAL CARE

### Eyes care :

EYE Expert - Anti-puffiness / Anti-dark Circles / Anti-wrinkles -30'.....	43 €
EYE Touch' Face - during a facial care - 15'.....	20 €
EYE Touch' Body - during certain body care - 20'.....	28 €

### Radiance Boost :

Radiance Light treatment - 30'.....	45 €
Magnetic Express treatment - 30'.....	49 €

### Fundamentals Treatments :

Ocean ThalgoMen - specific for men - 60'.....	75 €
Marine Source Ritual - intense moisturizing (with or without vapozone) - 60'.....	75 €
Purity Freshness Ritual - greasy or mixed skin (with vapozone) - 60'.....	75 €
+ Uniforming Marine Light Care : 1st range anti spot treatment with brown algae that clarifies and unifies skin tone with a triple exfoliation 60'.....	85 €

### Marine Anti-Aging for Her or Him

Filler Hyalu-Procollagen - 60'.....	85 €
Silicium Lift - 75'.....	95 €
Excellence Care "Ultimate Exception" - 90'.....	125 €

## GIFT CARD : THE WELLNESS GIFT

Choose the amount you want, the beneficiary will have 1 year to use it in one or several times, on all our treatment menu.

## PACKAGES

<b>L'INSTANT HAPPINESS</b> (3h15) : Silicium lift facial, Eye touch Face, Bodyscrub to choose, Candle massage and feet beauty.....	299 €
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For your wellbeing, we recommend you arrive 15' before the beginning of your package "L'Instant". Then we will have time to choose with you the facial care and your olfactory ambience.

## BODY CARE

### Body scrub 30' (including shower)

Rice Powder and Cherry Flower, Sugar Mango, Black Sand Vanilla, Sugar Nuggets Sandalwood, Bark Green leaves.....	55 €
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### Massages (for 1, 2 or 3 persons in the same cabin)

Our massages are made with neutral or perfumed oil.

Discovery Californian - 30'.....	47 €
Discovery Swedish anti-stress - 30'.....	52 €
Discovery Deep tissue - 30'.....	60 €
Californian - Relaxing - 60' (15' sup = 20 €).....	80 €
Swedish - Antistress - 60' (15' sup = 24 €).....	85 €
Deep tissue - 60' (15' sup = 29 €).....	100 €
With perfumed Candle - 60'.....	90 €
Hot stones - 60'.....	95 €
Feet reflexology - 30'.....	55 €
Light legs care - 30'.....	65 €
Lymphatic drainage - 60'.....	90 €

Ritual of the Word - 90'.....	129 €
Japan, Latin America, Punta Cana, Reunion Island, Dubai, Scandinavia... Our Rituals are full body cares including : scrub, wrapping and massage.	

## SLIMMING

Conditions, contraindications, complementary prices and promotional Packs on demand.

Free diagnostic

### Cryo Slimming

Final elimination of localized fat. DEFINITIVE results from the first session.

1 Zone.....	195 €
If 2 zones at the same time.....	295 €
If 3 zones at the same time.....	395 €

### iPULSE 5.1: ultrasounds and electrostimulation

Orange peel visibly smoothed, curls faded, greases destocked, anti water retention, more firm and toned silhouette "without making sport"

1st test session / LOSS CM OR REFUNDED.....	85 €
Cure of 10 treatments to suit every need and morphology (*) <del>850€</del> .....	745 €
Per session.....	85 €

### Supra Scult High intensity magnetic waves

Session 30' = up to 30 000 squats ... !

Session 30' (1 zone).....	95 €*
8 Sessions pack*.....	695 €*

### Integrative slimming : Hand rolling massage

Anti-cellulite care - 30'.....	50 €
High precision Sculpt care - 45'.....	65 €
Cellulite correction (*) <del>500€</del> .....	450 €
10 session of 30' during 5 weeks Cellulite, curves and skin laxity correction (*) <del>575€</del> .....	515 €
10 alternate session: 5 of 30' and 5 of 45' during 5 weeks Other promotional Packs available on demand.	